

# Thursday Night Meditation

This weekly meditation group provides the opportunity for a quiet inner journey in a group setting. It honors both the individual's quest and the special connection that happens while meditating with others. Meditation, "inner listening", opens a door to your inner knowing, your true sense of self, your place of perfect peace.

*All are welcome!  
Enjoy a quiet inner journey  
every Thursday at 6pm.  
We invite you to share  
an hour of renewal  
and connection.*

Facilitators for this meditation group include Theresa Fieberts, Frannie Hoffman, Katherine Clements, Jay Poindexter, and other special guests. Facilitators rotate to offer a wider variety of meditative experience. A monthly facilitator schedule is available at the front desk, on our website, or by phone.

**Arrive early!  
Doors close  
promptly at 6pm**

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This event is held in the Elysian Fields classroom. There is no charge for this event and no need to preregister. For more information call (941) 361-3006.