



# "Peace in our Hearts, Peace in the World"

Booksigning & Free Talk  
with **Ruth Fishel**

*Saturday, March 6th from 4pm - 5pm*

Imagine many thousands of people reading the same page, the same message, each day and the lasting effect that it would have on each of them as well as on the people with whom they come in contact.

When enough people join in taking just a few moments a day to meditate for peace, in time there will be peace in this world... forever. We actually do have the power to make that happen. Ruth says, "This might sound like a grandiose, overenthusiastic, exaggerated claim, but I truly believe that I was inspired to write this book and you are an important part of it."

*Ruth Fishel, MEd, is a prolific author, national retreat and workshop leader and meditation teacher. She co-founded and co-directed Serenity, Inc. and is currently co-directing Spirithaven, Inc. which she co-founded in 1989. Ruth has helped thousands of people feel better about themselves physically, mentally and spiritually.*

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